

the **S**pod by
GERMAINE DE CAPUCCINI



at GRAN MELIÀ DAIOS COVE

SPERIENCE, the fusion of the words "SPA" and "EXPERIENCE", is the name chosen by GERMAINE DE CAPUCCINI to define the exquisite moments of indulgence our team has specifically designed for you. In the following pages you will find the most personalised care for your skin as well as truly relaxing and luxurious well-being therapies.

The unique water features of the facilities open the doors to a world of new sensations and self-indulgences.

Our highly trained therapists committed to excellence will guide you throughout your stay: just enjoy it and let yourself go.



The collection of products and therapies selected for you in this catalogue have been exclusively created by GERMAINE DE CAPUCCINI's laboratories based in Spain.

The finest selection of raw materials as part of the know-how of this leading brand backed up by more than 45 years of experience and present in more than 84 countries guarantees the highest standards of quality.

Good Manufacturing Practices pharmaceutical approvals, CO2 Zero emission certificate, ISO 9001 and ISO 14001 are some of the certifications currently delivered to the company, which also contributes to the development of worldwide solidarity programmes and collaborates with an Association for the visually impaired by printing English and Spanish Braille in all retail packaging.

No animal testing has ever been carried out; paraben-free and natural products are offered in the range.



GERMAINE DE CAPUCCINI



*"A facial or body treatment is something truly wonderful.
A ritual of harmony and pleasure that makes beauty rise to the surface.
A ritual to enjoy."*

CARMEN VIDAL
President and Founder
GERMAINE DE CAPUCCINI



YOUR SUBLIME FACIAL

Exclusively designed for the anti-ageing therapies, GERMAINE DE CAPUCCINI has created the Kirei Method based on the following steps: after analysing your skin, your therapist will focus on specific signs of ageing and will carry out with unique gestures the cleansing and the selected therapy among the following: An unforgettable facial massage inspired by the Japanese Kobido massage, traditionally reserved to the imperial family, rounds off GERMAINE DE CAPUCCINI's facial treatments.

ABOUT OUR KOBIDO MASSAGE: it perfectly combines the biological action of the products and ingredients with the mechanical action of the therapist's professional massage. It improves circulation, revitalises and favours firmness, prevents wrinkles from setting in but, most of all, it provides well-being for the body and the mind, harmony and relaxation.

ANTI-WRINKLE THERAPY: TIMEXPERT RIDES 90 minutes

The most effective therapy to drastically "iron" deep wrinkles and expression lines. The Pro-Collagestine-Fill technology, which fills in wrinkles, and the Micro-Dermoxine complex with botox effect included in the textures and in the incomparably smooth film-mask have made this therapy become the absolute choice of celebrities, THE star of the range.

Recommended products for use at home: X.Cel Youthfulness Re-Creation Cream, Correction Cream Lines/Wrinkles, Day Emulsion Lines/Wrinkles or Correction Record Serum Lines/Wrinkles



LIFTING THERAPY: TIMEXPERT LIFT 90 minutes

Outstanding tautening and visible firming results are obtained thanks to the power of Kombucha - the oriental fungus of "long life"- and the sesame extract contained in the vial and in the tautening film-mask applied.

Recommended products for use at home: Perfect Volume Facial Cream, Perfect Volume Facial Emulsion or Instant Lift Firming Concentrate, Neck and Décolletage Remodelling Cream, Eye-Contour Serum



ANTI-AGEING OXYGEN THERAPY: EXCEL THERAPY O2

90 minutes

The oxygen encapsulated in ceramides together with the exclusive MPC-Defense Complex, which re-establishes cellular communication, are the main ingredients of the formulation of the serum, massage cream and mask applied in this therapy: refreshed by its delightful subtle perfume, your skin recovers its youthfulness and radiance.

Recommended products for use at home: Essential Youthfulness Cream or Essential Youthfulness Emulsion, Essential Youthfulness Eye-Contour Cream, 365 Soft Scrub



ABOUT YOUR EYES

TIMEXPERT 30 minutes

The most delicate facial area deserves a special care: erase the passing of time with this eye-contour therapy aimed at eliminating the signs of fatigue, wrinkles and stress.

GERMAINE DE CAPUCCINI has selected for you a specific professional treatment based on the famous Micro-Dermoxine Complex that relieves the skin tissue for a denser, firmer and more luminous appearance.

To be also included with your facial therapy as an optional request.

Recommended products for use at home: Timexpert Eye-Contour Treatment



YOUR FAVOURITE FACIAL

As skincare experts, our therapists will first analyse your skin type and needs and propose you the ideal first step and products for use at home. You may choose among:

DEEP CLEANSING: OPTIONS

70 minutes

Suitable for all skin types. This gentle facial treatment represents the first step before any facial therapy, including removal of impurities. Re-hydration of your skin with the application of a smoothing serum and a mask will end the treatment.

Recommended products for use at home: Toners, cleansers, exfoliators and moisturisers



DEEP HYDRATION: HYDRASOIN

50 minutes

Suitable for all skin types. Once the skin is deeply cleansed, restoring the skin's level of hydration becomes an essential task. This is achieved through the application of the hydrating serum, which contains Sea Silk, extract of Christe Marine plant, Blidingia Minima alga, and the mask, finishing with your most suitable skincare protection treatment to capture water inside cells.

Recommended products for use at home: Hydrasoin Extra Rich, Hydrasoin Fresh



AFTER-SUN AND SENSITIVE SKIN THERAPY: SO DELICATE

50 minutes

Hypoallergenic, dermatologist-tested on sensitive skin, fragrance with no allergens, no colouring agents, purity and innocuous ingredients, this pleasurable treatment based on phyto-active extracts and d-sensitive complexes will smooth, refresh the skin: burning sensation, redness, tautness, itching will instantly disappear.

Recommended products for use at home: SOS D-Sensitizing Reconciling Facial Serum, Tolerance Care



BIO-ORGANIC THERAPY: NATURAE

50 minutes

Its subtle fragrance together with the anti-oxidising properties of the white tea extract makes it a powerful and incredibly luxurious therapy to boost and re-hydrate all skin types.

Recommended products for use at home: Multi-Protection White Tea Facial Cream, Intense Multi-Protection White Tea Mask



Upgrade on request YOUR FACIAL with the TIMEXPERT EYE-CONTOUR TREATMENT.



FOR MEN

Men's skin has specific characteristics: it is usually thicker than women's skin presenting less but deeper wrinkles during the ageing process, daily shaving increases its sensitivity and finally the T area (forehead+nose) of the face has a tendency to oiliness. That's why our experts have created the following facial treatment.

HIS FACIAL THERAPY: FOR MEN

70 minutes

After the welcome ritual, enjoy a refreshing exfoliating gel, which will unblock pores being complemented with a pure vitamin C serum to boost your skin. Next step consists in applying a mattifying black clay mask carrying out pressing movements on arms and legs. This renewal facial treatment finishes with a light protecting emulsion.



Upgrade on request YOUR FACIAL with the TIMEXPERT EYE-CONTOUR TREATMENT.

Recommended products for use at home: For Men Hydra Elements, Anti-Shine Hydrating or Age Resist Emulsions (picture)- For Men Energy Eyes Roll-on

To be added on request to any of your Spa-Services:

FOR MEN MANICURE 30 minutes.

FOR MEN PEDICURE 30 minutes.



YOUR SUBLIME MASSAGE

The following collection of signature therapies based on original techniques created by GERMAINE DE CAPUCCINI is inspired by the fascinating history of scents of the Mediterranean, the exotic spices of the Far East... all combined for the most exquisite and subtle invitations.

EXOTIC CEYLON

60 minutes.

This oriental journey starts with cinnamon and captivates your senses during the famous GERMAINE DE CAPUCCINI's full body massage with shells.

PLACID PARADISE MASSAGE

60 minutes.

The subtle perfume of the Oriental Oil based on cardamom, rice and sesame opens the doors of this placid paradise massage. This holistic therapy uses manual techniques and the unforgettable gentle and relaxing pressing movements of warm pindas, small bags made of natural fabric containing rice and delicate spices and seeds.

HOLISTIC MASSAGE OBSIDIANA

70 minutes.

Deep from the volcanic lands of the Mexican Maya Riviera, ancient cultures already used the power of this healing stone: Obsidian, black, smooth, perfect and warm used. An exquisite cold contrast is achieved with the complementary Onyx cold white stone: the gem of force. The Sperience Massage Oil provides all nourishing properties of macadamia nuts for body and mind. A true relieving experience.

Upgrade your massage with a previous 20-min. exfoliation or a 40-min. wrap. Double massage services are available on request.



YOUR FAVOURITE MASSAGE

Our therapies combine both ancient and contemporary techniques in a natural manner. In order to fully enjoy your massage, please make sure you arrive at least 15 minutes before your appointment time.

The next step is the selection of your favourite massage oil and cream, between:

- **Essential Siam Benzoin Oil:** calming and highly nourishing, improves blood circulation.
- **Essential Revitalising Oil:** patchouli, jasmine and balm of Peru will tone/energise you.
- **Essential Soothing Oil:** mint and rosemary from our Mediterranean sea will bring the holistic harmony you are looking for.
- **Sperience Massage Cream:** corn, soya and sunflower oils are some of the main ingredients of this regenerating and relaxing body cream, a true hallmark of GERMAINE DE CAPUCCINI.

BACK & NECK

30 minutes.

This massage truly helps to dissolve aches and strains. Medium to gentle pressing movements allied with the properties of our selected oils will release all your tensions in this area.

FITNESS MASSAGE

40 minutes.

Specially created to stretch and stimulate muscles that are particularly important in the daily practice of sports. This massage uses Swedish and passive stretching techniques for the best comfort and preparation of further activities.

ANTI-STRESS

60 minutes.

A tailor-made therapeutic full body massage, which helps release blockages and improves the flow of energy through the body. Using a combination of manual manipulation techniques and aromatherapy the therapist focuses on each chakra point, adding energetic support.

Upgrade your massage with a previous 20-min. exfoliation or wrap. Double massage services are available on request.

YOUR FAVOURITE RITUAL

The search for perfect balance and harmony has made GERMAINE DE CAPUCCINI create the following Rituals combining exfoliations, wraps, baths and massages to achieve a unique and true spa experience.

GOLD PRIVILEGE

70 minutes

Radiant as a Goddess of Olympus, your skin will achieve a glamorous and beautiful appearance with subtle gold glitters. This body massage carried out with a gold nectar and a gold wrap will become an unforgettable spa beauty experience. Recommended product for use at home: Radiance Gold Nourishing Fluid with Gold Particles



MEDITERRANEAN DUSK

120 minutes

After relaxing with the Essence of Mediterranean Scrub, feel the energy of the Harmony Sublime Stones. The subtle fragrance of lavender will inspire your senses during the candlelight massage.



SPA PEARL FACE & BODY WRAP

70 minutes

Symbols of peace and sensuality, pearls are rich in minerals, proteins and amino acids. A sophisticated exfoliation followed by an exquisite body wrap with white pearl essence is complemented by a facial treatment of black pearls, which will leave the skin hydrated, smooth and radiant. An incredible Spa experience.

Recommended product for use at home: Magic Pearly emulsion



MULTI-SENSORIAL ODYSSEY

80 minutes

Our welcome starts with an original and sensual ritual with feathers. Scents from Orient during your body exfoliation will be followed by the relaxing, precious warmth of the Silky Body Wrap, ending with the stretching movements of our signature foulard massage.

Recommended products for use at home: Shower Scrub Exfoliating Body Sugar, Deep Nutrition



BODY EXFOLIATIONS

What if a body exfoliation was already a relaxing massage with no shower required in order to keep deep into your skin all the power and silkiness of exclusive ingredients? Our therapists invite you to discover and choose among the following indulgences.

COCOA SCRUB

20 minutes

A delicious body exfoliation: thousands of chocolate bits envelop your skin providing an intense and thoroughly delicious aroma. An exfoliation ideally followed by the Cocoa Body Wrap.

Recommended product for use at home: Chocoscrub Cocoa Body Exfoliator



MARINE EXFOLIATION

20 minutes

Free your skin of dead cells and enjoy a delicious massage with a taste of the sea, achieving an extremely smooth, deeply hydrated and supple skin.

Recommended product for use at home: Spa Exfoliating.



ORIENTAL SPICE EXFOLIATING

20 minutes

Breathe deeply and let yourself go with exotic aromas of coriander, cardamom, cinnamon, clove and ylang-ylang. A rich exfoliation that frees your skin of dead cells with bamboo particles, poppy seeds and fine nutmeg shells and ginger.



ESSENCE OF THE MEDITERRANEAN SCRUB

20 minutes

Inspired by all the lands bordering the Mediterranean sea such as Greece, Morocco... Wonderful aromas and textures of argan, olive seeds, grape seeds, orange blossom water, providing an utmost enjoyable experience.

BODY WRAPS

COCOA WRAP 40 minutes

All the pleasure with 0 calories! A thoroughly delicious body wrap based on cocoa. Its colour, aroma and creamy texture blend into the skin, providing total hydration and nourishment.

Recommended product for use at home: Rich Cocoa Body butter



RED GRAPE WRAP 40 minutes

A body mask based on red grapes. A true anti-ageing therapy that neutralises the harmful effects of free radicals, while providing luminosity and vitality for stressed skin. Ideally combined with a black grape bath ritual.

AFTER-SUN ESSENCE OF THE MEDITERRANEAN WRAP

40 minutes

Feel instantly relieved thanks to the well-known properties of Aloe Vera. This refreshing wrap is ideal to re-hydrate and nourish body skin after sun exposure.

Recommended product for use at home:

GOLDEN CARESSE ICY PLEASURE AFTER-SUN FACIAL REPAIR TREATMENT

GOLDEN CARESSE ICY PLEASURE BODY AFTER-SUN WITH DYNAMIC HYDRO-PROTECTION



BODY THERAPIES

Effective formulas that adapt to the needs of specific body areas. Textures and aromas that make your body care a true ritual of beauty and well-being.

ANTI-CELLULITE PROGRAMME

60 minutes

Combat orange skin and obtain slimming effects thanks to the constant research of GERMAINE DE CAPUCCINI's laboratories on this field. Not only pleasurable textures will seduce you, but also results will be obtained. We also offer individual programmes up to 6 weeks for locals, combining thalasso-therapy techniques, reducing wraps and fat-burner formulations. Enquire at the Spa Reception.

Recommended products for use at home: Sculpt Intervention, S.O.S. Liposolution, Fit Body Patch



SPA CONTOUR FIRMING TREATMENT

60 minutes

Directly working on the stimulation of collagen and elastin fibres, this treatment includes a full body wrap, providing new tone for the skin. Recommended to be combined with the former treatment.

Recommended products for use at home: Model Fitness Patch mousse.



WELLNESS FEET CARE

40 minutes

A delicate eucalyptus bath is the beginning of this ritual, which eliminates roughness and provides comprehensive hydration and nourishment that deeply restore the appearance of feet skin.

Complete and upgrade your treatment combining it with a pedicure at the same time.

Recommended product for use at home: Rescue Feet Correcting Foot Cream



WELLNESS HANDS CARE

40 minutes

This intensive anti-ageing therapy for the hands will soften and drastically change the appearance of hands, rejuvenating their skin.

Complete and upgrade your treatment combining it with a manicure at the same time.

Recommended product for use at home: Ageless Hands Hydrating Cream for Youthful Hands



THE PRIVATE SPA SUITE SERVICES (For 2 up to 4 guests)

The absolutely unique and exclusive Spa experiences of THE SPA BY GERMAINE DE CAPUCCINI take place in the two Spa Suites: The Raxul Suite for two guests and the Sweet Spa Suite for up to four guests. Enjoy true comfort in your private Spa with a dressed rest area that offers juices and blended herbal teas.

RAXUL SPA SUITE (2 guests)

Your Spa attendant will guide you in your desired Spa experience based on simultaneous steam baths, mists and tropical rains. In the Raxul Cabin, chromotherapy, music therapy and aromatherapy provide you with a true holistic experience. Select your programme among the following:

THE BODY MASK RITUAL

60 minutes

Enjoy your steam bath ritual and apply a previously selected body mask, which will dry up thanks to the light temperature increase of the Raxul Cabin, which will improve the penetration of ingredients. Steam will re-humidify it and an aromatised tropical rain will wash out all toxins and residues of products.

THE ESSENTHIA RITUAL

60 minutes

A hot steam bath aromatised with eucalyptus essence combined with a fresh contrasting spray rainfall will improve breathing, while flushing out toxins. Re-hydrate your body with GERMAINE DE CAPUCCINI's Karite Hydrating Lotion.

THE THALASSO RITUAL

60 minutes

During this unique ritual, the atmosphere of the Raxul Cabin will be enriched with saline steam, which will remineralise your body. The ritual ends with a contrasting fresh mist. Next, spray on dried skin GERMAINE DE CAPUCCINI's MOISTURISING SEAWATER all over your body to finish this thalasso experience.

Extend your programme with a 60 minutes double massage by our Spa therapists.



SWEET SPA SUITE (for 2 up to 4 guests)

You will find at your disposal a sauna, a steam bath and a hydromassage bathtub for 2 with mechanical back massage. Invent your private spa experience with your couple or friends.

Music therapy, aromatherapy, temperature, humidity and a special self-treatment (self-applied) body wrap are the parameters that define the following 60 minutes experiences:

THE RELAX EXPERIENCE

Includes the Mediterranean self-treatment body wrap with Aloe Vera, which improves your skin's hydration and smoothness.

THE TONIC EXPERIENCE

With an amazing self-treatment mineral body mud endowed with the strength of seaweeds.

THE PURIFYING EXPERIENCE

A self-treatment grape body wrap ends this programme, nourishing and detoxifying your skin.

THE EXCITE EXPERIENCE

Includes the self-treatment chocolate body wrap, which energises and stimulates your body.

Extend your programme with a 60 minutes double massage by our Spa therapists.

JUST THE TWO OF US (2 hours)

Ideally created for Honeymooners, this ritual starts with the sweet Sauna followed by a hydromassage bath for two. A required rest time will allow you to enjoy any celebration with a glass of Champagne. Afterwards, two therapists will invite you to our massage creation for Honeymooners, which has a holistic approach and is based on an aromatic pindas massage. Another unforgettable memory.

ENHANCEMENT CARE TREATMENTS - BEAUTY PARLOUR

HAIR AND SCALP CARE FOR WOMEN AND MEN

They are all available at our Hair Salon and can be combined with your spa services. Please book in advance.

Wash & Conditioner

Hair Mask

Women's Haircut

Men's Haircut

Children's Haircut

Blow Dry & Style short hair

Blow Dry & Style medium hair

Blow Dry & Style long hair

Bridal Hair Styling & One trial in advance

TRADITIONAL MANICURE & PEDICURE CAN BE ADDED TO YOUR SPA SERVICES. PLEASE BOOK IN ADVANCE.

Manicure

Pedicure

Nail painting

Hands paraffin

Feet paraffin

Spa manicure

Spa pedicure

Beauty Services at your disposal.....

DEPILATION

Leg depilation

Bikini depilation

Brazilian

Underarms depilation

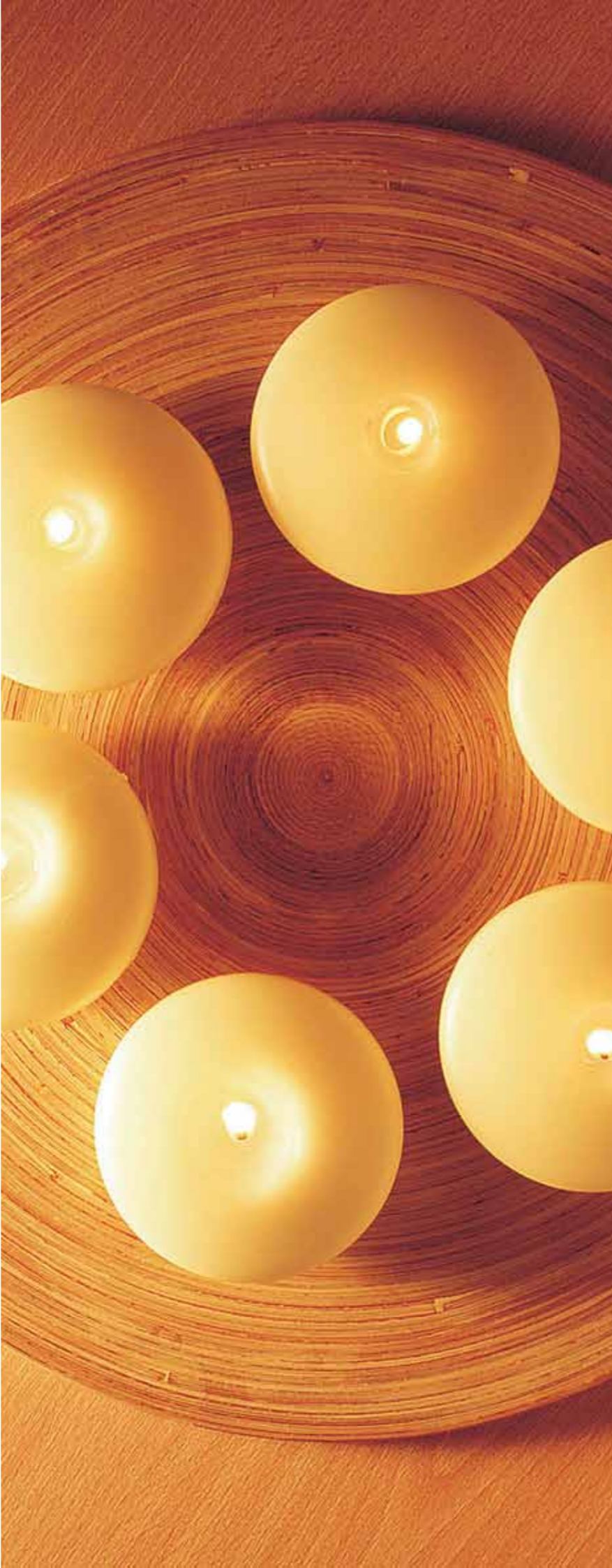
Arms depilation

Back depilation

BEAUTY

Eyebrows shaping

Eyelash painting



HOW TO "SPA" WITH US

WHO WILL HELP ME DECIDE HOW TO CHOOSE MY TREATMENTS?

Our attendants at the Spa Reception Desk are looking forward to taking personal care of you and designing the ideal programme for your stay at THE SPA.

WHAT IF I HAVE SPECIAL HEALTH CONDITIONS?

Please let us know them during the interview with your Spa attendant, while scheduling your appointments. If necessary, you may request a mini check-up with the Doctor.

MAY I REQUEST A MALE OR A FEMALE THERAPIST?

Yes, of course, although we cannot guarantee the availability of a particular therapist or gender.

WHAT SHOULD I WEAR DURING MY TREATMENT?

A robe and slippers will be provided in your day locker. Take your robe off and make yourself comfortable, as all our therapists are trained to respect your privacy at all times. Undergarments are provided for body treatments.

WHAT IS THE MINIMUM AGE REQUIRED?

Our youngest guests are at least 16 years old.

WHAT ARE THE IN-SUITE TREATMENTS?

One of the most enjoyable features of THE SPA are the In-Suite Treatments for 2 up to 4 guests, which can be easily arranged for a minimal additional fee. Feel free to ask us.

WHAT IS THE CANCELLATION POLICY?

Should you need to re-schedule the Spa services we have exclusively booked for you, we kindly ask you to inform us at least 4 hours before your scheduled appointment. If you do it under this period, this charge-free possibility will not be valid and the full charge will be consequently applied as well as in case of not showing up.

WHAT ABOUT PAYMENTS AND GRATUITIES?

Spa services can be charged to your room account; direct credit card payments are also possible. Gratuities are not included .

WHAT ABOUT MY JEWELRY AND VALUABLES?

Please leave all valuables in your room's safety deposit box or in the lockers of the changing rooms. The spa is not responsible for lost or forgotten valuables.

WHAT IF I'M LATE TO MY APPOINTMENT?

Arriving late may limit the time of your treatment. Depending on the length of your service, a late arrival may be classified as a No show.

HOW EARLY SHOULD I NEED TO CHECK IN FOR MY SCHEDULED APPOINTMENT?

The earlier, the better. At the Beauty Salon, we recommend you to check in 10 min. before your service. At the Spa, you will need to check in at the reception 15 min. before. This period of time will give you enough time to check in, get your locker assignment, put your robe on and relax for 5 min. before your spa treatment begins. Arrive 60 min. before your first treatment if you wish to enjoy our luxurious wet area facilities with swimming pools, cold plunge, sauna, steam mediterraneo water paradise, etc.

WHAT PRECAUTIONS SHOULD I NEED TO KNOW?

We recommend you to eat and drink in moderation and to avoid alcoholic beverages prior to your spa service, exercise classes, whirlpools and heat treatments.

Do not shave your legs before a scrub body treatment. Severe sunburn may prevent you from enjoying a spa treatment. Be careful and use optimal sun protection.

THE BEST GIFT

Massages, treatments and exclusive skincare vouchers

Spa Gift Certificates of different values are the ideal gift for Spa lovers as well as for a self- indulgence. They are valid for one year from the date of purchase being not refundable. They can be used to enjoy your favourite therapy as well as to buy some of GERMAINE DE CAPUCCINI's exclusive skincare products at the boutique.





the **S**pa by
GERMAINE DE CAPUCCINI

(From your room the Spa extension number is M3)

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